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COPING WITH COMBAT

The Struggle to Gauge a War's Psychological Cost

By BENEDICT CAREY

Published: November 26, 2005

It was hardly a traditional therapist's office. The mortar fire was relentless, head-splitting, so close that it raised layers of rubble high off the floor of the bombed-out room.



Erol Reyal for The New York Times
Since returning home to Madison, Wis
., after a tour in Iraq, Abbie Pickett has struggled with symptoms of post-traumatic stress disorder

Abbie Pickett, of the Wisconsin National Guard, served as a medic. Stationed near Tikrit, Iraq, she treated heavy combat casualties in October 2003.

Capt. William Nash, a Navy

psychiatrist, sat on an overturned box of ready-made meals for the troops. He was in <u>Iraq</u> to try to short-circuit combat stress on the spot, before it became disabling, as part of the military's most determined effort yet to bring therapy to the front lines.



His clients, about a dozen young men desperate for help after weeks of living and fighting in Falluja, sat opposite him and told their stories.

One had been spattered with his best friend's blood and blamed himself for the death.

Another was also filled with guilt. He had hesitated while scouting an alley and had seen the man in front of him shot to death.

"They were so young," Captain Nash recalled.

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At first, when they talked, he simply listened. Then he did his job, telling them that soldiers always blame themselves when someone is killed, in any war, always.

Grief, he told them, can make us forget how random war is, how much we have done to protect those we are fighting with.

"You try to help them tell a coherent story about what is happening, to make sense of it, so they feel less guilt and shame over protecting others, which is so common," said Captain Nash, who counseled the marines last November as part of the military's increased efforts to defuse psychological troubles.

He added, "You have to help them reconstruct the things they used to believe in that don't make sense anymore, like the basic goodness of humanity."

Military psychiatry has always been close to a contradiction in terms. Psychiatry aims to keep people sane; service in wartime makes demands that seem insane.

This war in particular presents profound mental stresses: unknown and often unseen enemies, suicide bombers, a hostile land with virtually no safe zone, no real front or rear. A 360-degree war, some call it, an asymmetrical battle space that threatens to injure troops' minds as well as their bodies.

But just how deep those mental wounds are, and how many will be disabled by them, are matters of controversy. Some experts suspect that the legacy of Iraq could echo that of Vietnam, when almost a third of returning military personnel reported significant, often chronic, psychological problems.

Others say the mental casualties will be much lower, given the resilience of today's troops and the sophistication of the military's psychological corps, which place therapists like Captain Nash into combat zones.

The numbers so far tell a mixed story. The suicide rate among soldiers was high in 2003 but fell significantly in 2004, according to two Army surveys among more than 2,000 soldiers and mental health support providers in Iraq. Morale rose in the same period, but 54 percent of the troops say morale is low or very low, the report found.

A continuing study of combat units that served in Iraq has found that about 17 percent of the personnel have shown serious symptoms of <u>depression</u>, anxiety or <u>post-traumatic stress</u> disorder

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- characterized by intrusive thoughts, sleep loss and hyper-alertness, among other symptoms - in the first few months after returning from Iraq, a higher rate than in Afghanistan but thought to be lower than after Vietnam.

In interviews, many members of the armed services and psychologists who had completed extended tours in Iraq said they had battled feelings of profound grief, anger and moral ambiguity about the effect of their presence on Iraqi civilians.

And at bases back home, there have been violent outbursts among those who have completed tours. A marine from Camp Pendleton, Calif., has been convicted of murdering his girlfriend. And three members of a special forces unit based at Fort Carson, in Colorado Springs, have committed suicide.

Yet for returning service members, experts say, the question of whether their difficulties are ultimately diagnosed as mental illness may depend not only on the mental health services available, but also on the politics of military psychiatry itself, the definition of what a normal reaction to combat is and the story the nation tells itself about the purpose and value of soldiers' service.

"We must not ever diminish the pain and anguish many soldiers will feel; this kind of experience never leaves you," said David H. Marlowe, a former chief of military psychiatry at the Walter Reed Army Institute of Research. "But at the same time we have to be careful not to create an attachment to that pain and anguish by pathologizing it."

The legacy of Iraq, Dr. Marlowe said, will depend as much on how service members are received and understood by the society they return to as on their exposure to the trauma of war.

Memories Still Haunt

The blood and fury of combat exhilarate some people and mentally scar others, for reasons no one understands. On an October night in 2003, mortar shells fell on a base camp near Baquba, Iraq, where Specialist Abbie Pickett, then 21, was serving as a combat lifesaver, caring for the wounded. Specialist Pickett continued working all night by the dim blue light of a flashlight, "plugging and chugging" bleeding troops to a makeshift medical tent, she said.

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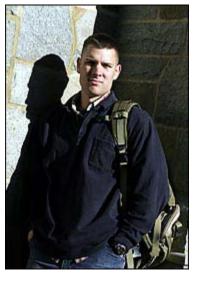




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Sandy Huffaker for The New York Times
THE THERAPISTS Capt. William Nash, right, a psychiatrist, standing next to Lt. Cmdr. Gary Hoyt, a psychologist and a colleague in the Marines' mental health program in which the therapists stationed at a base are deployed with battalions in the field.



Jodi Hilton for The New York Times THE VETERAN Benjamin Flanders, a graduate student in mathematics, went to Iraq with the New Hampshire National Guard

At first, she did not notice that one of the medics who was working with her was bleeding heavily and near death; then, frantically, she treated his wounds and moved him to a medical station not knowing if he would survive.

He did survive, Specialist Pickett later learned. But the horror of that night is still vivid, and the memory stalks her even now, more than a year after she returned home.

"I would say that on a weekly basis I wish I would have died during that attack," said Specialist Pickett, who served with the Wisconsin Army National Guard and whose condition has been diagnosed as post-traumatic stress disorder. "You never want family to hear that, and it's a selfish thing to say. But I'm not a typical 23-year-old, and it's hard being a combat vet and a woman and figuring out where you fit in."

Each war produces its own traumatic syndrome. The trench warfare of World War I produced the shaking and partial paralysis known as shell shock. The long tours and heavy fighting of World War II induced in many young men the numbed exhaustion that was called combat fatigue.

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But it is post-traumatic stress disorder, a diagnosis some psychiatrists intended to characterize the mental struggles of Vietnam veterans, that now dominates the study and description of war trauma.

The diagnosis has always been controversial. Few experts doubt that close combat can cause a lingering hair-trigger alertness and play on a person's conscience for a lifetime. But no one knows what level of trauma is necessary to produce a disabling condition or who will become disabled.

The largest study of Vietnam veterans found that about 30 percent of them had post-traumatic stress disorder in the 20 years after the war but that only a fraction of those service members had had combat roles. Another study of Vietnam veterans, done around the same time, found that the lifetime rate of the syndrome was half as high, 15 percent.

And since Vietnam, therapists have diagnosed the disorder in crime victims, disaster victims, people who have witnessed disasters, even those who have seen upsetting events on television. The disorder varies widely depending on the individual and the nature of the trauma, psychiatrists say, but they cannot yet predict how.

Yet the very pervasiveness of post-traumatic stress disorder as a concept shapes not only how researchers study war trauma but also how many soldiers describe their reactions to combat.

Specialist Pickett, for example, has struggled with the intrusive memories typical of post-traumatic stress and with symptoms of depression and a seething resentment over her service, partly because of what she describes as irresponsible leaders and a poorly defined mission. Her memories make good bar stories, she said, but they also follow her back to her apartment, where the combination of anxiety and uncertainty about the value of her service has at times made her feel as if she were losing her mind.

Richard J. McNally, a psychologist at Harvard, said, "It's very difficult to know whether a new kind of syndrome will emerge from this war for the simple reason that the instrument used to assess soldiers presupposes that it will look like P.T.S.D. from Vietnam."

A more thorough assessment, Dr. McNally said, "might ask not only about guilt, shame and the killing of noncombatants, but about camaraderie, leadership, devotion to the mission, about what is meaningful and worthwhile, as well as the negative things."

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Sitting amid the broken furniture in his Falluja "office," Captain Nash represents the military's best effort to handle stress on the ground, before it becomes upsetting, and keep service members on the job with the others in their platoon or team, who provide powerful emotional support.

While the military deployed mental health experts in Vietnam, most stayed behind the lines. In part because of that war's difficult legacy, the military has increased the proportion of field therapists and put them closer to the action than ever before.

The Army says it has about 200 mental health workers for a force of about 150,000, including combat stress units that travel to combat zones when called on. The Marines are experimenting with a program in which the therapists stationed at a base are deployed with battalions in the field.

"The idea is simple," said Lt. Cmdr. Gary Hoyt, a Navy psychologist and colleague of Captain Nash in the Marine program. "You have a lot more credibility if you've been there, and soldiers and marines are more likely to talk to you."

Commander Hoyt has struggled with irritability and heightened alertness since returning from Iraq in September 2004.

Psychologists and psychiatrists on the ground have to break through the mental toughness that not only keeps troops fighting but also prevents them from seeking psychological help, which is viewed as a sign of weakness. And they have been among the first to identify the mental reactions particular to this war.

One of them, these experts say, is profound, unreleased anger. Unlike in Vietnam, where service members served shorter tours and were rotated in and out of the country individually, troops in Iraq have deployed as units and tend to have trained together as full-time military or in the Reserves or the National Guard. Group cohesion is strong, and the bonds only deepen in the hostile desert terrain of Iraq.

For these tight-knit groups, certain kinds of ambushes - roadside bombs, for instance - can be mentally devastating, for a variety of reasons.

"These guys go out in convoys, and boom: the first vehicle gets hit, their best friend dies, and now they're seeing life flash before them and get a surge of adrenaline and want to do something," said Lt. Col. Alan Peterson, an Air Force psychologist who completed a tour in Iraq last year. "But often there's nothing they can do. There's no enemy there."

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Many, Colonel Peterson said, become deeply frustrated because "they wish they could act out on this adrenaline rush and do what they were trained to do but can't."

Some soldiers and marines describe foot patrols as "drawing fire," and gunmen so often disappear into crowds that many have the feeling that they are fighting ghosts. In roadside ambushes, service men and women may never see the enemy.

Sgt. Benjamin Flanders, 27, a graduate student in math who went to Iraq with the New Hampshire National Guard, recalled: "It was kind of a joke: if you got to shoot back at the enemy, people were jealous. It was a stress reliever, a great release, because usually these guys disappear."

Another powerful factor is ambiguity about the purpose of the mission, and about Iraqi civilians' perception of the American presence.

On a Sunday in April 2004, Commander Hoyt received orders to visit Marine units that had been trapped in a firefight in a town near the Syrian border and that had lost five men. The Americans had been handing out candy to children and helping residents fix their houses the day before the ambush, and they felt they had been set up, he said.

The entire unit, he said, was coursing with rage, asking: "What are we doing here? Why aren't the Iraqis helping us?"

Commander Hoyt added, "There was a breakdown, and some wanted to know how come they couldn't hit mosques" or other off-limits targets where insurgents were suspected of hiding.

In group sessions, the psychologist emphasized to the marines that they could not know for sure whether the civilians they had helped had supported the insurgents. Insurgent fighters scare many Iraqis more than the Americans do, he reminded them, and that fear creates a deep ambivalence, even among those who most welcome the American presence. And following the rules of engagement, he told them, was crucial to setting an example.

Commander Hoyt also reminded the group of some of its successes, in rebuilding houses, for example, and restoring electricity in the area. He also told them it was better to fight in Iraq than back home.

"Having someone killed in World War II, you could say, 'Well, we won this battle to save the world,' "he said. "In this terrorist war, it is much less tangible how to anchor your losses."

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Help in Adjusting to Life at Home

No one has shown definitively that on-the-spot group or individual therapy in combat lowers the risk of psychological problems later. But military psychiatrists know from earlier wars that separating an individual from his or her unit can significantly worsen feelings of guilt and depression.

About 8 service members per every 1,000 in Iraq have developed psychiatric problems severe enough to require evacuation, according to Defense Department statistics, while the rate of serious psychiatric diagnoses in Vietnam from 1965 to 1969 was more than 10 per 1,000, although improvements in treatment, as well as differences in the conflicts and diagnostic criteria, make a direct comparison very rough.

At the same time, Captain Nash and Commander Hoyt say that psychological consultations by returning marines at Camp Pendleton have been increasing significantly since the war began.

One who comes for regular counseling is Sgt. Robert Willis, who earned a Bronze Star for leading an assault through a graveyard near Najaf in 2004.

Irritable since his return home in February, shaken by loud noises, leery of malls or other areas that are not well-lighted at night - classic signs of post-traumatic stress - Sergeant Willis has been seeing Commander Hoyt to help adjust to life at home.

"It's been hard," Sergeant Willis said in a telephone interview. "I have been boisterous, overbearing - my family notices it."

He said he had learned to manage his moods rather than react impulsively, after learning to monitor his thoughts and attend more closely to the reactions of others.

"The turning point, I think, was when Dr. Hoyt told me to simply accept that I was going to be different because of this," but not mentally ill, Sergeant Willis said.

The increase in consultations at Camp Pendleton may reflect increasingly taxing conditions, or delayed reactions, experts said. But it may also be evidence that men and women who have fought with ready access to a psychologist or psychiatrist are less constrained by the tough-it-out military ethos and are more comfortable seeking that person's advice when they get back.

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"Seeing someone you remember from real time in combat absolutely could help in treatment," as well as help overcome the stigma of seeking counseling, said Rachel Yehuda, director of the post-traumatic stress disorder program at the Veterans Affairs Medical Center in the Bronx. "If this is what is happening, I think it's brilliant."

Tracking Serious Symptoms

In the coming months, researchers who are following combat units after they return home are expected to report that the number of personnel with serious mental symptoms has increased slightly, up from the 17 percent reported last year.

In an editorial last year in The New England Journal of Medicine, Dr. Matthew J. Friedman, executive director of the National Center for Post-Traumatic Stress Disorder for the Department of Veterans Affairs, wrote that studies suggested that the rates of post-traumatic stress disorder, in particular, "may increase considerably during the two years after veterans return from combat duty."

And on the basis of previous studies, Dr. Friedman wrote, "it is possible that psychiatric disorders will increase now that the conduct of the war has shifted from a campaign for liberation to an ongoing armed conflict with dissident combatants."

But others say that the rates of the disorder are just as likely to diminish in the next year, as studies show they do for disaster victims.

Col. Elspeth Cameron Ritchie, psychiatry consultant to the Army surgeon general, said that given the stresses of this war, it was worth noting that five out of six service members who had seen combat did not show serious signs of mental illness.

The emotional casualties, Colonel Ritchie said, are "not just an Army medical problem, but a problem that the V.A. system, the civilian system and the society as a whole must work to solve."

That is the one thing all seem to agree on. Some veterans, like Sergeant Flanders and Sergeant Willis, have reconnected with other men in their units to help with their psychological adjustment to home life. Sergeant Willis has been transferred to noncombat duty at Camp Pendleton, in an environment he knows and enjoys, and he can see Commander Hoyt when he needs to. Sergeant Flanders is studying to be an officer.

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But others, particularly reservists and National Guard troops, have landed right back in civilian society with no one close to them who has shared their experience.

Specialist Pickett, since her return, has felt especially cut off from the company she trained and served with. She has struggled at school, and with the Veterans Affairs system to get counseling, and no one near her has had an experience remotely like hers. She has tried antidepressants, which have helped reduce her suicidal thinking. She has also joined Operation Truth, a nonprofit organization that represents Iraq veterans, which has given her some comfort.

Finally, she said, she has been searching her memory and conscience for reasons to justify the pain of her experience: no one, Specialist Pickett said, looks harder for justification than a soldier.

Dr. Marlowe, the former chief of psychiatry at Walter Reed, knows from studying other wars that this is so.

"The great change among American troops in Germany during the Second World War was when they discovered the concentration camps," Dr. Marlowe said. "That immediately and forever changed the moral appreciation for why we were there."

As soldiers return from Iraq, he said, "it will be enormously important for those who feel psychologically disaffected to find something which justifies the killing, and the death of their friends."

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AETC News Clips Tyndall AFB, Fla.



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It's St. Joe's way or no way

The writer, of Tallahassee, is chair of Panhandle Citizens Coalition, which opposes much of the growth the St. Joe Co. supports in Northwest Florida, including a new Bay County regional airport.

By John Hedrick

On an ongoing basis we are regaled by how the St. Joe Co. is so civicminded, and environmentally conscious, and how lucky we are to have such a benevolent outfit dominating the development of the Florida Panhandle. Anyone who believes the St. Joe Co.'s primary mission is not to turn a hefty profit needs to have his or her reality checked. Some examples, for the record:

- 1) Very recently St. Joe was told by a federal judge that their Regional General Permit (RGP) is not useable. The company has indicated it will proceed with its plans, one way or another. Think their 'mitigation' plan was great? Among other shortcomings, the RGP 'mitigation' created an automatic approval production line that allowed thousands of wetland acres to be filled, did not require one acre of wetland creation (just "enhancement" and preservation of existing wetlands, which are supposed to be protected anyway), and cut the public out of the process. The RGP also showcased the way St. Joe takes advantage of weak counties. On the Walton County side of Lake Powell, it is setting its development 100 feet back from the water line; in Bay County, only 30 feet, totally insufficient for this rare dune lake.
- 2) One of St. Joe's selling points for the proposed new airport in Bay County has been the dubious claim that thousands of high-paying jobs would be created by it. However, the St. Joe Co. apparently has no qualms about endangering the existing high-paying jobs of thousands of residents of Bay and Gulf counties. Despite strong opposition from base officials and local military advocates in 2002, the company has recently revived its proposal to create a large development in the flight paths of Tyndall Air Force Base. In its push for its own profits, St. Joe could cause this important base to be shut down due to encroachment, which is a strong factor during rounds of Base Realignment and Closure.
- 3) The company has gotten a great deal of what it has wanted through "trust." Very little of what they promise is set in stone. That's why we were not surprised when the company recently pushed through Bay County's always compliant Commission changes in the Detailed Specific Area Plans for West Bay. These changes include increases in density and intensities of use in portions of this plan. This plan was arrived at after a long public process, and also settlement negotiations with ours and several other groups. If the company had wanted to show that the DSAPs, and the Sector Plan itself, were documents with lasting value, and worthy of public trust, they would not have acted less than a year after settlement to ask for changes to suit their latest

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development wishes. What's changed? Very little, except the St. Joe Co. would like to make more money, faster.

- 4) The company has engaged in the most blatant taking of government largesse in the history of Florida. Using its influence, public funds have rolled out of Tallahassee and Washington, D.C., be it countless millions for an unneeded new airport which the public rejected, the moving of large chunks of state government to its property, or the creation, expansion, movement or closure of highways. Any highway in its way may be moved, such as scenic U.S. 98 in Gulf County. Does St. Joe need a new one? Coming your way is the proposed new Gulf to Bay Highway and Gulf Coast Parkway. This past session the Florida Legislature even gifted St. Joe with a whole new agency the Northwest Florida Transportation Corridor Authority, whose mission is to blanket the Panhandle with toll roads, most of which will benefit St. Joe developments.
- 5) Citizens in Franklin County can tell you about the company's commitments to carry out "visioning processes." In Franklin, the St. Joe Co. didn't care for how the visioning was going, so they did an end-run to the Franklin County Commission to get the changes in that county's comprehensive plan that they wanted. Challenges of those change are pending.
- 6) The St. Joe Co. has denied in the past having any grand schemes for the Panhandle yet various observers have seen a map on the wall in their headquarters in Jacksonville. The map shows the eastern Panhandle carved up like a Thanksgiving turkey, they say, with several new turnpikes or highways and a major tourist attraction of some kind, somewhere around Port St. Joe. There's a guiding hand in operation, it's just not the public's hand. The St. Joe Co. has always been willing to negotiate around the margins of their plans but never about their core vision it's consistently been, "It will be our way or no way."

Reading all this, one may conclude that we should all just give up and go home. We hope that more of the opposite occurs, because it works. There has been a growing realization and skepticism by the public of what is happening. This reflects itself, for example, in Jefferson County's turndown of St. Joe Company's development proposals there, due to their concerns about urban sprawl. It reflects itself in the election of local government officials who are more balanced in how they view the St. Joe Co., such as has occurred in Wakulla County and the city of Carrabelle, among different locales. And it reflects itself in the fact that citizens are finding their strength in court, with their lawsuits and other actions taken to reign in the St. Joe Co. when they cannot get their governments to stand up to the company.

The citizens of the Panhandle are not against all growth, they just don't want to it become like Central and South Florida. And if we all get involved, let our voices be heard, and make good choices at the polls, this will be a fate that we won't have to endure. This is our Green Empire and we want to protect it and have the area's land work for our benefit, not just for Florida's largest landowner.

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For the birds: Vance's BASH program keeps planes, wildlife apart

Enid News & Eagle, Dec. 2, 2005

- By Jeff Mullin, Senior Writer

The two small plastic bags lie forlornly on the corner of a cabinet in the Vance Air Force Base safety office, offering mute testimony to the dangers inherent in modern military aviation.

The bags contain remains of recent accident victims - birds, not humans.

They are the property of Maj. Dave Siress, manager of the aptly named BASH program at Vance. BASH, in the rare case of a military acronym truly capturing the spirit of the subject it is describing, stands for Bird Aircraft Strike Hazard.

The program's name approximates the sound made when a bird, or other small animal, strikes an aircraft.

The BASH program's aim is to prevent Vance aircraft from colliding with any type of wildlife. Such collisions not only are routinely fatal to the wildlife, hence the plastic bags in Siress' office, but are potentially fatal for the pilots.

"They (birds) are capable of causing catastrophic damage, potentially," said Siress. "So we want to mitigate that risk by eliminating the hazard."

According to the Web site birdstrike.org, collisions with birds and other wildlife cause more than \$600 million in damage to U.S. military and civil aircraft every year. Last year alone, the Air Force reported more than 4,300 bird strikes.

In the last six months Vance aircraft have experienced 159 bird strikes, 76 occurring at Vance and the rest at other bases. None have done severe damage.

"We've been fortunate this year that we haven't sucked any up in the engines," said Maj. Tom Ferenczhalmy, chief of flight safety at Vance.

Last year bird strikes resulted in \$97,000 in damage to Vance airplanes, while that figure has been reduced to about \$500 so far this year.

That reduction, said Feren-czhalmy, is the result of a cooperative effort among several base agencies.

"We had somebody visit from AETC (Air Education and Training Command, Vance's command agency) and he was really impressed with the relationship between the safety office and other members of the BASH group," said Feren-czhalmy. "Civil engineering is heavily involved because they are key to habitat management. It's not any one person, and that's what it really takes to get a successful program."

Vance also works closely with the city of Enid to try and minimize bird strikes.

"If there's private land that has some kind of attractant, whether it's a tree or a pond, the city of Enid and the people who own the land have been very agreeable to take whatever action that needs to be taken to make it less of an attractant tot he birds," said Siress.

Most of last year's total involved two T-38s whose engines were damaged by birds and a T-1 that hit a duck and sustained wing and engine intake damage.

The T-1 is the aircraft most often involved with bird strikes, in part because of its size and the fact most of its training is conducted away from Vance.

The BASH program uses both passive and active methods to discourage wildlife from living near

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the Vance flight line.

Passive methods involve making sure the flight line is not an attractive habitat for birds or wildlife. The grass is kept at a height that, studies show, will not attract either birds or small animals like rodents, which could attract raptors or other birds of prey. Trees have been cut down to deprive birds of nesting opportunities. Areas of standing water are drained to keep from attracting water fowl. Netting is used to keep birds from nesting in aircraft shelters. When passive methods fail, active methods are used. When birds are spotted on the airfield, members of the BASH "scare group" are called in to try and shoo the birds away. They use shotguns to fire pyrotechnic devices that make loud sounds or emit high-pitched whistles, called "bangers and screamers."

The supervisor of flying, who sits high above the field in Vance's control tower, monitors bird activity with the help of observers on the ground. The supervisor issues a daily "bird status," report that alerts pilots to any potential risk.

"We modify our procedures as far as flying operations to minimize our risk or exposure," said Siress. "In conjunction with that we would activate the scare group to go out there and shoo the birds away."

The scare group consists of two or three people who, on rare occasions, are forced by a particularly stubborn bird to resort to what is known formally as "depredation," and informally as shooting birds, as long as the species aren't protected by federal law.

"We refer to that as a last resort in the event they don't respond to any of the passive measures that are in place, or any of the pyrotechnics," said Siress. "Last year we took three ducks, but we try to avoid that wherever possible."

Larks and sparrows cause the most problems at Vance. Spring and fall, the migratory seasons, are the worst in terms of bird hazard. Franklin gulls are the primary worry during migratory seasons, said Siress. Among the animals causing occasional problems are gophers, moles, foxes, covotes and turtles.

Kegelman Field, Vance's auxiliary field near the Great Salt Plains, presents its own sets of hazards, since it is bordered by Salt Plains National Wildlife Refuge. A series of propane cannons at Kegelman are designed to frighten off birds and wildlife, but they don't always work. In February 2000 a T-37 struck two deer at Kegelman Field, resulting in \$17,800 in damage to the left wing and nose gear, but not injuring either pilot.

"That was shortly after someone laid out a strip of deer feed as an attractant," said Siress. "They shortly thereafter decided that wasn't such a good idea."

Work is under way with state and federal agencies to re-categorize Kegelman as a non-wildlife sanctuary to avoid a repeat of the 2000 incident.

"We're trying to make everyone understand that wildlife and airplanes are not real conducive," said Siress.

When a bird strike occurs, pilots are asked to retrieve whatever remains of the bird and hand it over to Siress, who ships it on to the Smithsonian Institution in Washington for identification, the information going into a national database.

Ironically, said Siress, the remains, known colloquially by pilots as "snarge," are identified by a Smithsonian scientist named Carla Dove.

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